

# Frontline Bulgaria

## 2010



## Frontline Skills Training

**Frontline Skills Training** is practical, interactive and challenging. We use a multi-media approach, including practical exercises, questionnaires, brainstorming, observations, DVD's, discussion and small group work.

Courses are tailored to meet specific needs and situations and Frontline often involves people with a learning disability as trainers. Participants receive a **Course Manual** and a **Frontline Skills Certificate** on completion of the course.

In addition to courses in Russe, Kula and Vidin, Frontline has hosted several training visits to the UK for people with and without disabilities.

**Course Aim:** To enable staff, students, volunteers, carers and service providers to develop their skills in supporting people with a learning disability, including children and young adults with complex needs, to live full and productive lives in the community. Most topics are delivered within 1 day. Topics include:-

- **VALUING PEOPLE**

*Exploring the principles of equality and diversity, the social model of disability and the person-centred approach*

- **COMMUNICATION**

*Facilitating effective communication and interaction with people with limited verbal communication and/or visual impairments*

- **SENSORY INTEGRATION**

*Applying Sensory Integration principles to daily activities and living environments and exploring the impact of sensory processing on behaviours*

- **TEACHING A SKILL**

*Using a natural model of skill-teaching to develop independence skills at home and in the community*

- **SAFE FOOD HANDLING**

*The course includes a graphic and entertaining story-line and does not require numeracy or literacy skills. It is an imaginative and effective training tool for young adults with a learning disability*

- **ADVOCACY & INCLUSION** (2½ days)

*The course features a video that promotes and celebrates the advocacy and inclusion work carried out by friends from Kula, Bulgaria and Havering & Brentwood, UK, working together to illustrate self-advocacy in action.*



For further information please contact Mary Hill on [enquiries@frontlinepartnership.org](mailto:enquiries@frontlinepartnership.org)

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